



Shakopee Mdewakanton Sioux Community Programs for Native Americans Living in Scott County



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Shakopee Mdewakanton Sioux Community Health Department

The Shakopee Mdewakanton Sioux Community Health Department has a genuine interest in the health of its members, employees, and the Native Americans residing within our service area. It is the goal of the community to provide health care that would:

- Protect and improve the health and well being of its members, employees and service area Native Americans as well as to support the wellness education benefiting Native Americans in the Northern Plains Region along with throughout the United States.

- Provide creative solutions in the area of controlling health care costs for the community while maintaining a high quality of care.

- Offer a holistic concept of care that would respect and support the values and beliefs of both the individual patient and the community as a whole.

Shakopee Dakota Health Clinic – A community owned and operated family practice clinic. The Shakopee Dakota Clinic provides primary care and case management services for Community members and Native Americans living in Scott County as well as urgent care and occupational health services for its employees. Family Nurse Practitioners, Registered Nurses, and a Licensed Practical Nurse as well as a consulting Family Practice Physician staff the clinic and specialists as needed. Full laboratory services are provided through the Health East Medical Laboratory System. The Shakopee Dakota Clinic sponsors various health outreach functions including Men's and Women's Health Days, a specialty clinic for Diabetes and Metabolic Syndrome/Obesity management, a Mental Health Medication Management Clinic, employee health programs, and an annual health conference for Northern Plains Native Americans. In addition, our nurse educators are available by appointment for nutritional consultation, diabetic education, weight management, and smoking cessation.

ELIGIBILITY-The following is a list of persons eligible to be seen at the Shakopee Dakota Clinic:

- Shakopee Mdewakanton Sioux Community members and their families,
- Native Americans living in Scott County
- Employees of the Community

REGISTRATION PROCESS:

Native Americans residing in Scott County will be asked to provide proof of tribal enrollment. All patients will be asked to show current health insurance cards.

CONTACT:

For more information or to schedule an appointment, please call the Shakopee Dakota Clinic reception desk at 952-496-6150.

Shakopee Dakota Dental Clinic –A community owned and operated dental clinic. Dentists, dental assistants, and a dental hygienist staff this clinic. The Shakopee Dakota Dental Clinic offers comprehensive dental care to Community members and Native Americans living in Scott County as well as emergency consultation for its employees. Services include: cleaning, fillings, root canals, simple extractions, crowns, and bridges.

ELIGIBILITY REQUIREMENTS:

The Shakopee Dakota Dental Clinic serves the Shakopee Mdewakanton Sioux Community members and their families, Native Americans living in Scott County and employees of the Community. Insurance coverage is encouraged, but not required at this time.

REGISTRATION PROCESS:

Native Americans residing in Scott County will be asked to provide proof of tribal enrollment. All patients will be asked to show current health insurance cards.

CONTACT:

For more information or to schedule an appointment, please call the Shakopee Dakota Clinic reception desk at 952-496-6148.

Contract Health Services – CHS refers to funds appropriated by Congress to eligible Native Americans for services provided by non-I.H.S. health care providers.

ELIGIBILITY REQUIREMENTS:

To benefit from Contract Health Services,

1. You must be a Native American living in Scott County and either a member of the Shakopee Mdewakanton Sioux Tribe or maintain close economic or social ties with the tribe.
2. You must use all other resources to pay for your care, such as Medicare/Medicaid and/or private insurance, before billing contract health.
3. If you have an appointment at an outside clinic, you must report this appointment to your CHS person BEFORE the appointment. If you were seen on an emergency basis, you have 72 hours to report to your CHS person where you were treated for your emergency.
4. You must have a medical problem that is within CHS established priorities. See your CHS person for details.

*Special Circumstances – CHS will be made available to students if they were eligible when they left to attend school. Students are covered for a period not to exceed 180 days after completion of the course of study. Eligible persons who leave Scott County will remain eligible for a period not to exceed 180 days from departure.

*Disclaimer – If an eligible person requires care that is not available at an I.H.S. facility, payment by contract health is NOT guaranteed. CHS payments may be limited due to available funds or established medical priorities.

APPLICATION PROCEDURE:

For application procedure and requirements, please contact the SMSC Contract Health Services representative at 952-496-6155.

MATERIAL REQUIRED:

Must have valid enrollment card or proof of tribal membership, proof of residency in Scott County, and any valid insurance cards.

CONTACT:

For more information on Contract Health Services, please call 952-496-6155.

Patient Assistance Program Consultation – for patient's who are low income or uninsured the Shakopee Dakota Health Clinic can provide consultation and guidance in applying for Patient Assistance Programs available through various drug manufacturers. Our staff can also assist with applications for Medical Assistance and Minnesota Care.

ELIGIBILITY REQUIREMENTS:

Varies depending on the programs for which individual applies, most require proof of income. This service is available to all patients seen in the medical or dental clinic.

CONTACT:

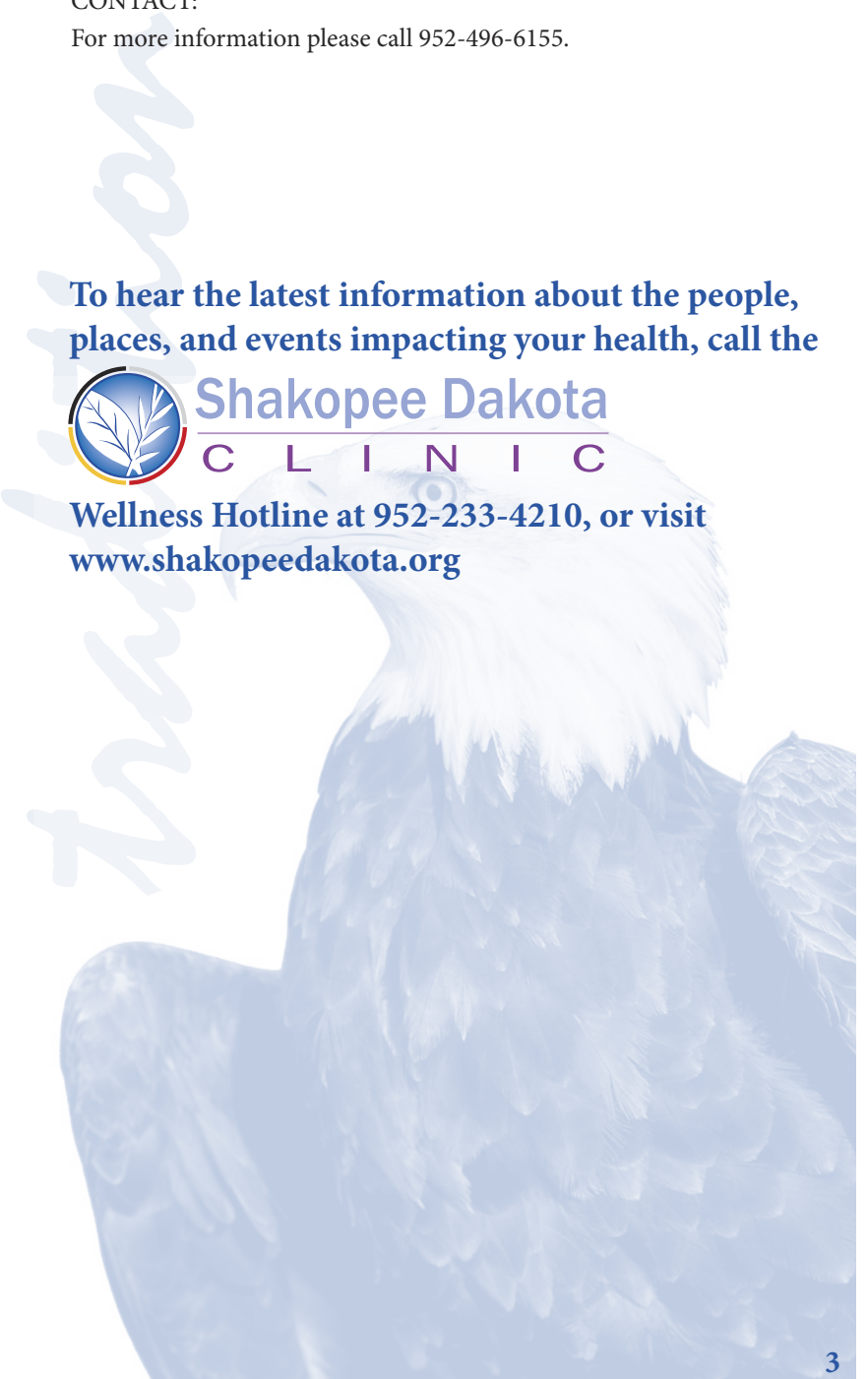
For more information please call 952-496-6155.

To hear the latest information about the people, places, and events impacting your health, call the



Shakopee Dakota
C L I N I C

Wellness Hotline at 952-233-4210, or visit
www.shakopeedakota.org



Shakopee Mdewakanton Sioux Community Mental Health Department

SMSC Community Center West Wing
2330 Sioux Trail NW • Prior Lake MN 55372

The Shakopee Mdewakanton Sioux Community is proud that American Indian culturally relevant approaches are integrated into the SMSC Mental Health and SMSC Chemical Health Departments.

SMSC MENTAL HEALTH GOALS:

1. To provide quality mental health services to all our clients.
2. To assist our clients and their families in achieving physical, emotional, and spiritual well-being.
3. To provide and maintain the highest levels of integrity and confidentiality.

The SMSC Mental Health Program is here to assist clients in achieving and maintaining a healthy lifestyle. We focus on the health of the whole person; physical, emotional, social, and spiritual. The SMSC Mental Health Program provides a variety of services including:

- Individual Counseling
- Couples Counseling
- Family Counseling
- Adolescent Counseling
- Group Counseling
- Psychological Diagnostic Evaluations

ELIGIBILITY:

The SMSC Mental Health Program is dedicated to serving all members of the Shakopee Mdewakanton Sioux Community together with all other members of their families. These services are also provided to all American Indians and their family members who reside in Scott County.

These services are free of charge.

APPLICATION PROCESS:

Appointments are available Monday through Friday (8:00 a.m. to 7:00 p.m.) To make an appointment or learn more about the SMSC Mental Health Program please call 952-496-6164. An after-hours counselor is available 24 hours a day including weekends at 612-964-9685.

MATERIAL REQUIRED:

Intake paperwork is required. This is completed before the initial appointment.

CONTACT INFORMATION:

Phone: 952-496-6164 Fax: 952-496-6180
After Hours: 612-964-6985

SMSC CHEMICAL HEALTH DEPARTMENT

SMSC CHEMICAL HEALTH GOALS:

To reduce and prevent the use and abuse of alcohol, tobacco and other drugs in the SMSC Community and Scott County American Indian populations.

Our licensed Chemical Health staff provides comprehensive assessments utilizing a variety of testing tools. In addition to Alcohol and Drug assessments our staff provides short-term counseling, advocacy and referrals to appropriate facilities or services needed by the client. Our comprehensive approach to treatment includes referrals to the SMSC Health Clinic and the SMSC Mental Health Department when indicated.

Services Available:

- Assessments
- Ongoing Aftercare
- Men's Anger Management Group
- DUI-DWI Classes
- Alcoholics Anonymous Meeting, Wednesdays at noon at the TIOWAKAN Spiritual Center, 14625 Prairie Grass Drive, Prior Lake
- Alanon Meeting, Tuesdays from 4:30 - 5:30 in SMSC West Wing

ELIGIBILITY:

The SMSC Chemical Health Program is dedicated to serving all members of the Shakopee Mdewakanton Sioux Community together with all members of their families. These services are also available to all American Indians and their family members who reside in Scott County.

These services are free of charge.

APPLICATION PROCESS:

Appointments are available Monday through Friday (9:00 a.m. to 5:00 p.m.) To make an appointment or learn more about the SMSC Chemical Health Program please call 952-496-6166 or 952-496-6164.

MATERIAL REQUIRED:

Intake paperwork is required. This is completed before the initial appointment.

CONTACT INFORMATION:

Phone: 952-496-6164 or 952-496-6166 Fax: 952-496-6180



NETWORKS - YOUR EMPLOYEE ASSISTANCE PROGRAM

The Shakopee Mdewakanton Sioux Community is committed to and concerned about the well-being of all their employees. Problems affecting employees' personal health and emotional well-being impact job performance. Networks' services can assist a troubled employee and/or their family members. Networks E.A.P. professional staff are qualified in a variety of services, including chemical dependency, compulsive gambling, family crisis and codependency counseling. Our staff includes a Licensed Psychologist, a Mental Health Therapist, Family Therapists, and Licensed Chemical Dependency Counselors.

Networks Employee Services is here to assist clients in achieving and maintaining a healthy lifestyle. We focus on the health of the whole person; physical, emotional, social, and spiritual. Networks Employee Services provides a variety of services including:

- Individual Counseling
- Couples Counseling
- Family Counseling
- Marriage Counseling
- Divorce Counseling
- Adolescent Counseling
- Group Counseling
- Chemical Dependency Evaluations
- Chemical Dependency Counseling
- Psychological Diagnostic Evaluations

ELIGIBILITY:

Networks Employee Services are available to any employee of the SMSC and its tribally owned businesses. All services are also offered to the employee's family members. This service is available to full or part time employees.

APPLICATION PROCESS:

Appointments are available Monday through Friday (8:00 a.m. to 7:00 p.m.) To make an appointment or learn more about Networks Employee Services please call 952-496-6164. Emergency telephone interviews are available 24 hours including weekends by calling 612-964-6985.

MATERIAL REQUIRED:

Intake paperwork is required. This is filled out before initial appointment.

CONTACT INFORMATION:

Phone: 952-496-6164 Fax: 952-496-6180

After Hours: 612-964-6985

Family and Children Services

Contact Information: SMSC Community Center West Wing
2330 Sioux Trail NW • Prior Lake, MN 55372
Phone: 952-496-6168 Fax: 952-496-6180
E-mail: social@ccsmdc.org

Mission Statement: The SMSC Family and Children Services Department recognizes the Native American family as the foundation of our community. We strive to preserve family stability with high quality, professional services through support, guidance and advocacy tailored to meet the unique needs of each family member.

The Family and Children Services department offers a variety of preventative and case management services to American Indians who reside in Scott County. Family advocates are able to provide in-office or in-home services to families in need. Programs and services are not limited to those listed below. We are sensitive to the uniqueness of each person or family's circumstances and customize assistance and referrals we provide.

Child Welfare Program

Under the authority of the SMSC Domestic Relations Code, the SMSC Child Welfare Office works to preserve the health and welfare of the children of the Shakopee Mdewakanton Sioux Community.

Though the SMSC Child Welfare Program services are only available to those eligible as defined in the domestic relations code, the child welfare officer is available to provide information on Indian child welfare and make appropriate referrals for any family.

For more information, or to make a child protection report, please contact the Child Welfare Officer at: 952-496-6168

Childcare Subsidy Program

The SMSC is dedicated to increasing the availability, affordability, and the quality of childcare for American Indian families in need of assistance.

Eligibility:

The SMSC Family and Children's Services Department Child Care Subsidy Program is available to American Indian Families who reside in Scott County. To qualify, families must have a parent who is working or attending a training or educational program. Further eligibility is determined by family size and income. Applicants must apply for the Scott County childcare subsidy program before applying for the SMSC program.

Application Process:

Appointments are available Monday through Friday (9:00 a.m. to 5:00 p.m.) To make an appointment or learn more about the Child Care Subsidy Program please call 952-496-6168.

Material Required:

Intake paperwork is required in addition to address verification, income, employment, school, and tribal enrollment verification, and birth certificates. Accepted forms of address verification are utility services (electricity or natural gas bill) or land-line service (phone) subscribed to by the applicant.

Emergency Assistance Programs

The SMSC Family and Children's Services Department provides assistance to families in emergency situations. Emergency assistance may include first month's rent and/or damage deposit, rental assistance to avoid eviction and utility assistance. We do not provide rental assistance for voluntary moves and staff will verify the emergency status. If families are in a situation and we are not able to help directly, Family Advocates will provide referrals to other appropriate agencies.

- Emergency travel vouchers are also available. Because the vouchers are for emergency travel only, applicants are eligible for one voucher every six months. Applicant must have a valid drivers License.
- Family and Children's Services Department distributes diapers, wipes, and winter outerwear to families in need. There are limitations on how often families may access these items.

Eligibility:

The SMSC Family and Children's Services Department Emergency Assistance Program is available to American Indian Families who reside in Scott County and meet program guidelines. Members of the applying household are only eligible to receive emergency assistance once. Applicant must seek assistance from all other eligible programs. Whenever possible, applicant must bring in written denial from agencies. If partial assistance is provided by another agency, applicant must provide written verification of funds received.

Application Process:

Appointments are available Monday through Friday (9:00 a.m. to 5:00 p.m.) To make an appointment or learn more about the Emergency Assistance Programs please call 952-496-6168.

Material Required:

Intake paperwork is required in addition to address verification, tribal enrollment verification, and birth certificates. Accepted forms of address verification are utility services (electricity or natural gas bill) or land-line service (phone) subscribed to by the applicant. Income verification may also be required depending on assistance provided.

Holiday Programs

Special Holiday Assistance Programs are available to American Indian families residing in Scott County. Resources are limited and will be determined based upon family income and need. A separate application is required for these programs.

Eligibility:

The SMSC Family and Children's Services Department Holiday Program is available to American Indian Families who reside in Scott County and meet program guidelines.

Application Process:

Appointments are available Monday through Friday (9:00 a.m. to 5:00 p.m.) To make an appointment or learn more about the Holiday Programs please call 952-496-6168.

Material Required:

Intake paperwork is required in addition to address verification, income verification tribal enrollment verification, and birth certificates. Accepted forms of address verification are utility services (electricity or natural gas bill) or land-line service (phone) subscribed to by the applicant.

Parent Support and Education

The SMSC Family and Children's Services Department recognizes that the family is the foundation of a community. We also recognize that while parenting can be one of the most rewarding of life's endeavors, it can also be the most stressful. In an effort to provide positive parent education and support, we offer a variety of opportunities for parents to either join a group or meet with staff one on one. Programs offered include:

- Active Parenting of 2-12 year olds
- Active Parenting of Teens
- Teen Parenting
- Cooperative Parenting for Divorced or Separated Parents
- Prenatal and New Parent Gift packs with a variety of information

Eligibility:

The SMSC Family and Children's Services Department Parent Support and Education Program is available to American Indian Families who reside in Scott County.

Application Process:

Appointments are available Monday through Friday (9:00 a.m. to 5:00 p.m.) To make an appointment or learn more about the Parent Programs please call 952-496-6168.

Material Required:

Intake paperwork is required in addition to address verification, tribal enrollment verification, and birth certificates. Accepted forms of address verification are utility services (electricity or natural gas bill) or land-line service (phone) subscribed to by the applicant.

Safety Seat Loaner Program

Because proper child safety seats are critical to keeping children safe, the Shakopee Mdewakanton Sioux Community is proud to offer a safety seat loaner program. When a child has outgrown their current seat that they have received through the program, the seat can be exchanged for the appropriate size. Staff will assist the family in proper use and installation.

Eligibility:

The SMSC Family and Children's Services Department Safety Seat Loaner Program is available to American Indian Families who reside in Scott County and meet income guidelines as specified by the program.

Application Process:

Appointments are available Monday through Friday (9:00 a.m. to 5:00 p.m.) To make an appointment or learn more about the Safety Seat Loaner Program please call 952-496-6168.

Material Required:

Intake paperwork is required in addition to address verification, tribal enrollment verification, and birth certificates. Accepted forms of address verification are utility services (electricity or natural gas bill) or land-line service (phone) subscribed to by the applicant.

School Aged Support Groups

The Family Advocates of the SMSC Family and Children Services Department offer weekly support groups in several area schools in collaboration with the SMSC Mental Health Department and with local school districts.

Groups meet weekly and talk about many topics, with speakers and a variety of learn-

ing opportunities. Parents are encouraged to provide input.

To find out if there is a support group at your child's school, please contact the following SMSC Family Advocates:

For boys: Preston Urrutia @ 952-496-6169

For girls: Heidi Whipple @ 952-496-6161

SMSC Life Skills Program

The SMSC Life Skills program is designed for Community member teens age 15-18 to help guide and prepare them for their roles and responsibility of becoming an adult member of the Community. The 18-week program covers a wide range of Community related issues including: SMSC history, tribal government and constitution, home building and financial management. While being specifically geared toward those members who are about to turn 18, the program welcomes all SMSC Community members to participate in any session.

For Life Skills schedules or information, please contact SMSC Family and Children Services at: 952-496-6168

Youth Camp Program

American Indian youth may be eligible for summer camp scholarships. These camps provide a combination of leadership development, cultural experience and skill enhancement.

A limited number of scholarships are available for American Indian families in need of assistance. Registration deadlines vary by camp.

Eligibility:

The SMSC Family and Children's Services Department Youth Camp scholarships are available to American Indian youth who are 10 years of age and older and live in Scott County.

Application Process:

Appointments are available Monday through Friday (9:00 a.m. to 5:00 p.m.) To make an appointment or learn more about the Youth Camp Program please call 952-496-6168.

Material Required:

Intake paperwork is required in addition to address verification, tribal enrollment verification, and birth certificates. Accepted forms of address verification are utility services (electricity or natural gas bill) or land-

line service (phone) subscribed to by the applicant.

Youth Life Skills Program:**Keeping It R.E.A.L**

Keeping It R.E.A.L. (Responsibility, Education, Advocacy, and Life) has been developed for American Indian students between the ages of 15 and 18. The goal is to provide students with the information and skills needed to advocate for themselves in a variety of ways and in many areas of their lives. The desired outcome will be to decrease and improve management of daily life stressors that occur in all areas of life and give skills that can prevent people from being caught up in the system.

Important Facts About Keeping It Real

- Students will earn a high school credit
- Students will give their own time to volunteer in the community

Students will learn skills such as:

- Financial planning, management and credit issues
- Wellness of mind, body and spirit with a focus on disease prevention, mental and chemical health
- Self-advocacy in obtaining resources available in the community
- Responsible car ownership and the responsibility of driving safely
- Effective communication skills with a focus on assertiveness
- Renting and/or buying a home; rights responsibilities and laws

Eligibility:

The SMSC Family and Children's Services Department Keeping It R.E.A.L. Program is available to American Indian youth between the ages of 15 and 18 who reside in Scott County and meet guidelines as specified by the program.

Application Process:

Appointments are available Monday through Friday (9:00 a.m. to 5:00 p.m.) To make an appointment or learn more about the Keeping It R.E.A.L. program please call 952-496-6168.

Material Required: Intake paperwork is required in addition to address verification, tribal enrollment verification, and birth certificates. Accepted forms of address verification are utility services (electricity or natural gas bill) or land-line service (phone) subscribed to by the applicant.

Shakopee Mdewakanton Sioux Community Higher Education/Adult Vocational Training/ Adult Education Programs

Phone: 952-233-4248 Fax: 952-496-6180

MISSION:

The Shakopee Mdewakanton Higher Education program will provide informational and funding opportunities that may assist Native American students attain post-secondary education and training.

ELIGIBILITY:

All of the following eligibility requirements apply for funding by the SMSC Higher Education program.

1. Must be an enrolled member of a Federally Recognized Tribe. (PL 93-638, 25 USC 2, 9, 13) (25 CFR Part 40.2 (a).
2. Be accepted into any regional, accredited college, university, or vocational college, i.e., North Central Accredited School.
3. Must be eligible for Federal Financial Aid. (Undergraduate student only).
4. Apply with the Free Application for Federal Student Aid (FAFSA) each year requesting financial assistance, forward the FAFSA results to the Financial Aid Office (FAO) of the college or university, and have the FAO complete the Financial Aid Verification Form (FAVF) and return a certified copy of the FAVF to the SMSC Higher Education Office.
5. Must apply for the Minnesota Indian State Grant.
6. Must apply for Tribal Higher Education Grant (Home Tribe).
7. Graduate student must apply for the American Indian Graduate Scholarship.
8. A United States citizen and must be a resident of Scott County, and provide documentation. (Driver's License, utility bill, etc.) (62 BIAM 17.2 (3)
9. Complete an academic plan each year.
10. Submit the application by the deadline date for their program.

Future

SMSC Education Department Johnson O' Malley (JOM)

The JOM passed in 1934. Its basic purpose is to ensure that Indian children receive the educational opportunities that would not otherwise be provided. To provide supplementary financial assistance to meet the unique and specialized education needs of Indian children.

Eligibility:

- Are 3 years of age (by December 31) through grade 12; **and**
- A member of or is at least $\frac{1}{4}$ degree descendent of a member of an Federally Recognized Indian Tribe which is eligible for special programs and services provided by the United States through the Bureau of Indian Affairs to Indians because of their status as Indians.

Required documents:

- Proof of tribal enrollment
- Birth certificate
- Proof of residency (Scott County)
- Application filled out from SMSC Education Dept.

**For more information please contact Carole Ross at
952-233-4246 or Darsi Haines at 952-233-4248
Fax 952-233-4254**

